

# HUKERENUI SCHOOL NEWSLETTER



Issue No 24: Term 3

10 August 2017

[www.hukerenui.school.nz](http://www.hukerenui.school.nz)

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## Ngā mihi mahana ki a koutou katoa

We have one week left before ERO arrives. Please take note that we will be very busy with meetings, etc. as part of their review process from 21 – 24 August.

We want to say thank you so much to Mark Reynolds who has been so helpful with all sorts of extra bits and pieces here at school. He has made some awesome toy furniture for the junior rooms!

### Clothes

The grounds are very wet so it is important that you send an extra set of clothes to school because so many of the students keep on falling over in the mud! Not only the juniors!

We also have 2 baskets full of lost property. There are so many school jumpers it is unbelievable! They are not named so it is very difficult to return them. If your child is missing one – please come to school and claim what is yours!

### Cross Country

Cross Country is next week on 16 August. We hope the weather holds up – and once again – please let us know if you can be an official to make the day a success. The PTA will be selling some food and they are usually all tied up in that process so we really need some dads to come and help.

### Quiz Night

We look forward to the Quiz night that our PTA is organising! They will need lots of support – so please make sure you help wherever you can. Finding sponsors for prizes is usually the hardest job so if you have something to give or you know someone or a company you can ask, please do it and let Ursula Buckingham know! It will be very much appreciated!

### Vegetable garden and composting:

We are now in need of all sorts of items to support this new venture. Please send us any of the following items:

- hay
- newspapers (no glossy pages)
- seaweed
- cardboard (tape free)

Any donations of gardening tools will be most welcome too!

Please remember that the Parent Advisory group meeting has been postponed until Thursday 17 August at 1.30pm in the staffroom. (Next Thursday).

Have a lovely weekend!

*Thank You*

*Bastienne Kruger*  
**Principal**

### Upcoming Dates:

August

15 <sup>th</sup>	Room 7 Tasty Tuesday fundraiser
16 <sup>th</sup>	Cross Country + sausage sizzle
18 <sup>th</sup>	Cross Country postponement date
21 <sup>st</sup>	ERO Visit
31 <sup>st</sup>	WPSSA Cross Country

September

29 <sup>th</sup>	End of Term 3
29 <sup>th</sup>	PTA fundraiser – Quiz night

### Netball Draw - Saturday, 12<sup>th</sup> August 2017

Stars 8.30am Court 3  
Diamonds 8.30am Court 15  
Blue 9.15am Court 5  
Gold 10am Court 10  
Int. 12pm – Court 10

### Donations for Quiz night

**Rooms 1 & 2 please bring NUTS** for our quiz night. Following week **Rooms 3 & 4 CRACKERS**, and the following week **Rooms 5,6,7 bring CHIPS please.**

### AG Day

We have families wanting lambs, please contact the office if you can help.

### Room 7 'Tasty Tuesday' – 15<sup>th</sup> August

Home baking and savouries for sale at morning tea time. Please support our fundraising for camp!

### Uniform Notice

Last year we introduced a long sleeve polo shirt to our school uniform collection; this is also available at The Warehouse.

## PTA Update

Bastienne recently told me the school roll has increased to 131 children; when I joined the school last year we had under 90 children! Given the increased enrolments and new families to our school, we thought it might be time to let you know what your Parent Teacher Association does – something I had no idea about before my family joined the school.

The PTA provides many different social services to the school through school lunches, discos and, undeniably the most important, sausage sizzles at various school events – you can't beat a hot sausage when it's cold! However, there is more to the PTA than sausage sizzles!

With input from Bastienne, we have recently developed a strategic plan with many exciting projects on the horizon. These include plans to develop a nature playground, extend the school pool fenced area, provide more PE gear, help with school camps, hold community days and many other ideas.

All these projects are made possible by your generous support at PTA events like the school lunches, sausage sizzles and the upcoming Quiz night (September 29<sup>th</sup>!). If any of these projects are of interest to you, or you have other ideas to add to the mix, please come along and join in. We would love to see you!

Ursula Buckingham  
PTA Chair

## PLAY CENTRE NEW BUILDING FUNDRAISER

Raise a calf for our Playcentre's new building  
If you are able to rear a calf up until weaning, we will organise a stock truck to collect all calves to take to a local sale to be auctioned and all the money raised will go to our new play centre building. Natalie & Mike Coyne are generously donating calves for people who do not have access to any. We appreciate all the support we can get so if you'd like a calf, or would like to raise your own and donate the proceeds once sold, then please contact Natalie on 4339930 or email [hukerenui@playcentre.org.nz](mailto:hukerenui@playcentre.org.nz).

Our Hukerenui Playcentre is nestled behind the school and is open Mondays, Thursdays and Fridays 9am - 12:30pm

**Heart Foundation**

**THE HEALTHIEST CHOICE IS OFTEN THE CHEAPEST**

Two lunchbox comparisons

Lunchbox 1	VS	Lunchbox 2
<ul style="list-style-type: none"><li>yoghurt</li><li>apple</li><li>egg and lettuce sandwich</li><li>2 wholegrain crackers with marmite</li><li>carrot sticks</li><li>water</li></ul> <p>2.5+ teaspoons of sugar</p> <p>full tummies and long lasting energy</p>		<ul style="list-style-type: none"><li>a fruit string</li><li>muesli bar</li><li>giant cookie</li><li>fruit drink box</li><li>chippies</li></ul> <p>17+ teaspoons of sugar!</p> <p>hungry tummies soon after eating</p>

For more information, visit [fuelled4life.org.nz](http://fuelled4life.org.nz)

## Google+ parent information page - Play based learning, Neuro science and School readiness.

Hukerenui School is very excited to let you know that we have started a Google+ Community and invited the parents of our New Entrant class to become members.

This Community allow us to create ongoing conversations about particular topics; in this case it is largely about play based learning and the neuro science and research behind this initiative.

This Community is a place where articles can be posted and we can also share specific questions, comments or content relating to the article, or about play based learning in general, with other parents who are just as interested in the topic.

It is very simple to join our Community. If you are interested, please follow the link so and then you can follow the instructions below:

Below is the link to our Google Community page.

<https://plus.google.com/communities/112189035823044687545?sqinv=U3lmMGtqVFUxaTh5SnVZcGhIUC1pcjd3VU5WVmVR>

To access this page simply click on the link above and sign in with your Google or Gmail account. If you do not have a Google account, go to the "Create an Account" button.

Below is a link to a more elaborate explanation of the above process:

<http://www.aarp.org/content/dam/aarp/home-and-family/personal-technology/2013-09/How-To-Join-GooglePlus-AARP.pdf>

## Health Professional Advice: Mumps

Mumps has arrived in Northland. We had our first locally-acquired cases this week. More are likely. As you will probably be aware, Auckland is currently experiencing several notifications of mumps per day. Most cases in Auckland are in the 10-30 year age-group; the situation is likely to be similar here.

Mumps typically presents with fever and parotid (salivary gland) swelling. Two doses of MMR are 85% effective, so cases can still occur in fully immunised people. Those with mumps are most infectious from 2 days before the onset of swelling until 5 days after.

The MMR vaccine is **free** to anyone who needs it. If in doubt about immunisation status, immunise, but avoid doing so in pregnancy, or in women who may become pregnant in the next four weeks.

Ruby Culley

Public Health Nurse

**Heart Foundation**

**WINTER WARM-UPS**

Many schools and early learning services offer to heat children's lunches, particularly during winter.

While pies are a convenient heat-up, with a golf ball size of fat per standard pie, these aren't recommended as an everyday lunch item.

**Homemade 'heat-ups' are a great alternative!**

Try these homemade heat-up options:

- Courgette fritters
- Frittata muffin
- Mini or pita pizza
- Toasted sandwich
- Baked potato
- Corn & cheese rollups
- Meal leftovers
- Vegetable soup

For recipes and tips visit [fuelled4life.org.nz](http://fuelled4life.org.nz)